

December 2022

2085 Westgate Drive, Bethlehem, PA 18017

Office Hours

Monday - Thursday
8:30am - 4:30pm

Friday
8:30am - 1:00pm

Fitness Center

Every Day
6:00am - 7:00pm

Staff Birthdays

Michelle-Dec 14
Pastor Clark-Dec 17
Courtney-Dec 21

WELCOME New Residents

Michel R.-Floor 8
Nancy G.-Floor 9

General Meeting

Tuesday, December 13th
at 2:00pm

~LOUNGE / CHANNEL 98



Office Notes



PARKING SPOTS DURING SNOW

Parking spots **MUST** remain **EMPTY** during the winter months when snow is expected in the weather forecast. We apologize for any inconvenience this may cause. Please refer any and all questions or concerns to the Main Office.



OFFICE CLOSED FOR THE HOLIDAYS

Friday, December 23rd
Monday, December 26th
Friday, December 30th



HOLIDAY SWEATERS

Join in on the fun when Lutheran Manor staff wear their Holiday sweaters at the General Meeting on Tuesday, December 13th.

Lutheran Manor MOVIES

Mondays at 1:00pm
Live-Streamed on Channel 98

- 'Falling for Christmas' - 12/5
- 'Noelle' - 12/12
- 'The Noel Diary' - 12/19
- 'Spirited' - 12/27 @ 4pm

Pastor Clark MOVIES

Wednesdays at 2:00pm
Live-Streamed on Channel 98

- 'Queen Bees' - 12/7
- 'The Christmas Shoes' - 12/14
- 'The Nativity Story' - 12/21
- 'Best Christmas Pageant Ever' - 12/28

SOCIAL SECURITY

Remember to bring your new award letter to the Main Office to be copied for your file.

Sunday Believers Worship

with Paul Belfort

Sundays at 1:00pm

Light Refreshments Served | By Appointment Only, Sign Up with Brenda



SUNDAY PRAISE

Led by David Garcia
Prayer, Praise & Proclamation Worship

Sunday, December 11th at 11:00am
Community Room/Ch 98



Movie Days

Falling for Christmas



A young, newly engaged heiress has a skiing accident in the days before Christmas. After she has been diagnosed with amnesia, she finds herself in the care of a handsome cabin owner

DECEMBER 5

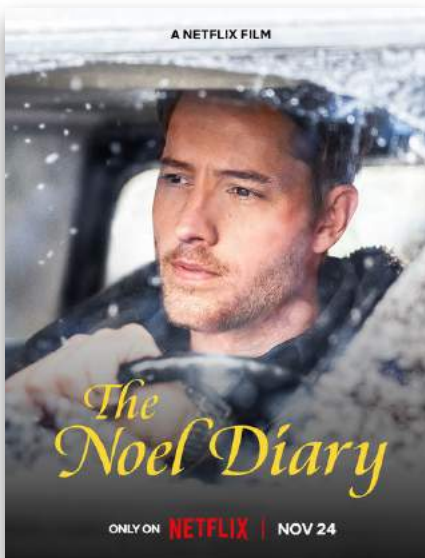
Noelle



Kris Kringle's daughter wants to do more with her life. Her brother Nick has taken over for their father, but is failing under pressure. Can she save him from ruining Christmas?

DECEMBER 12

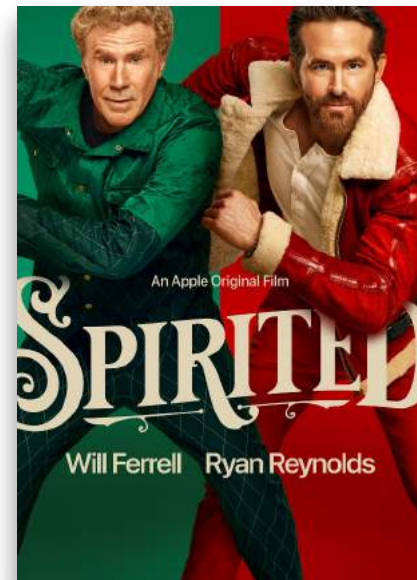
The Noel Diary



When a best selling author returns home at Christmas to settle his mother's estate, he finds a diary that holds secrets from the past.

DECEMBER 19

Spirited



A musical and modern version of Charles Dickens' story of a miserable misanthrope who's taken on a magical Christmas Journey

DECEMBER 27 @ 4PM

~All LM movies live-streamed on channel 98 every Monday at 1:00pm~

Jacinda's Jumpstart to Wellness

WELLNESS TIP

December 5th is Walt Disney Day!

HOW A DISNEY TRIP CAN BENEFIT YOUR HEALTH:

- Wheelchairs, canes, walkers, scooters to aid in your journey around the parks.
- Portable fans, umbrellas & waters provided during heat waves; all buildings air conditioned.
- Handicapped persons get automatic line jumps.
- Parks provide miles & miles of distance for your cardiovascular health.
- Parks, except Animal Kingdom, are flat surface walking to make getting around a breeze.
- Medical services provided for illness or injuries on Disney property.

HOW A BEACH TRIP CAN BENEFIT YOUR HEALTH:

- Walking the sand, great for feet & cardiovascular health.
- Ocean water reduces inflammation & pain.

HOW A NYC TRIP CAN BENEFIT YOUR HEALTH:

- Walking, the main mode of transportation is great for your endurance.
- Most tourist spots are in short distances of each other.
- Awesome food, shopping, culture & sites to see.

HOW A MUSEUM TRIP CAN BENEFIT YOUR HEALTH:

- Walking in air conditioning to keep cool & on flat surface for distance tracking.
- Mentally & physically stimulating.

HOW A ZOO TRIP CAN BENEFIT YOUR HEALTH:

- Long distance walking is great for exercise.
- Interacting with people & animals gets you using your muscles.
- Mentally stimulating to reduce depression & anxiety.



SPEAKER: **SEASONAL MENTAL HEALTH**

Come learn about the many disorders that can arise, how to help yourself during this time of year, who you can talk to for help, etc.

Date/Time TBD

Community Room

Sign Up with Jacinda Today



EXERCISE PROMOTION

Come down to the Wellness Center & take one of our many classes. Anytime you complete a class, Jacinda, will be documenting your attendance.

(Cannot be more than 10 minutes late & must attend entire class in order to be registered for that day.)

The resident with the most classes taken at the end of the month will receive three housekeeping appointments for FREE.

Office Hours: Monday-Friday 8:00am-4:00pm
Gym Hours: 6:00am-7:00pm Daily

Jacinda Arzuaga, Fitness Specialist 610-866-6010 x208

Jacinda's Jumpstart to Wellness

GYM Punch Cards

Ask Jacinda for your daily gym punch card. Each time you use the gym, Jacinda will hole punch your card, tracking your attendance for the month.

The resident with the best attendance will receive a grand prize at the end of the month.

(Gift card, grocery bag, home decor, Lutheran Manor apparel & much more.)



Congratulations are in Order

October Winner:
JEANNETTE HORNINGER

November Winner:
SUSAN POLIZZOTTO

Attendance Winners

WALKER'S CLUB

Anyone who participates in Walker's Club is invited for a celebration of your achievements. Snacks, games, prizes and Achievement Certificates will be given.

December 2nd at 2:00pm
Community Room



GAME DAY 2.0

Join the Fun with Jacinda in the Lounge
Come One, Come All & Win!

Wii Bowling, Cornhole, Checkers, Dominoes,
Brain Puzzles, Memory games, Snacks, Raffle
Basket Prizes & Much, Much More!

Monday, December 19th at 12:00pm



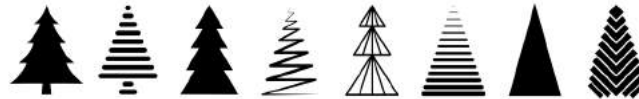
Office Hours: Monday-Friday 8:00am-4:00pm
Gym Hours: 6:00am-7:00pm Daily
Jacinda Arzuaga, Fitness Specialist 610-866-6010 x208

From the Chaplain



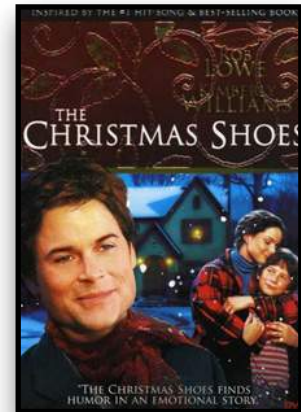
December 7th 'QUEEN BEES'

While her house undergoes repairs, a fiercely independent widow stays at an nearby retirement community and realizes it is like high school all over again: full of flirting, means girls and maybe another chance at love in this comedy of staying young at heart.



December 14th 'THE CHRISTMAS SHOES'

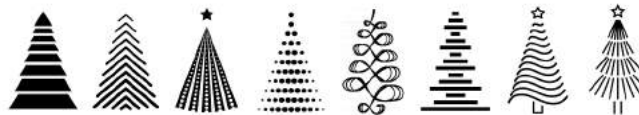
In this heartwarming holiday drama, a workaholic attorney (Rob Lowe) crosses paths with a young boy on Christmas Eve and rediscovers the true meaning of love, life and the holiday season.



December 21st 'THE NATIVITY STORY'

The most magnificent portrayal of the nativity ever! Witness the struggles and joys of the Holy Family---and the Savior's birth at the turning point of history. Epic in scope yet intimate in detail, this major motion picture spared nothing to ensure historical accuracy and cinematic power.

A film to be cherished for years to come!



December 28th 'BEST CHRISTMAS PAGEANT EVER'

When the Herdman's (the nastiest kids in the neighborhood) decide they want to be in this year's Christmas pageant, everyone is sure it will be a disaster. But when the curtain finally goes up, a miracle happens---making it the best ever!



From the Chaplain

THE BEST GIFT OF ALL!

The Greatest Gift



We often learn the most from children. There is a story about a man who punished his 3-year-old daughter for wasting a roll of gold wrapping paper. Money was tight, and he became infuriated when the child tried to decorate a box to put under the Christmas tree. Nevertheless, the little girl brought the gift to her father the next morning and said, "This is for you, Daddy." The father was embarrassed by his earlier overreaction once he realized the gift was for him. He opened the gift, but his anger flared again when he found that the box was empty. He yelled at her, "Don't you know that when you give someone a present, there's supposed to be something inside of it?"

The little girl looked up at him with tears in her eyes and said, "Oh, Daddy it's not empty. I blew kisses into the box. All for you, Daddy." The father was crushed. He put his arms around his little girl, and he begged her forgiveness. He kept that gold box by his bed for years. Whenever he was discouraged, he would take out an imaginary kiss and remember the love of the child who had put it there.

In a very real sense, each of us has been given a gold container filled with unconditional love and kisses from God. Christmas is about God, "who loved each one of us so much that he gave us his only begotten Son, Jesus Christ so that whoever believes in Him should not perish but have eternal life."

***The BEST GIFT OF ALL!!**

~Blessed Christmas, Pastor Clark

Worship in the Community Room

WORSHIP IS LIVE AT 2 PM ON THE DATES LISTED BELOW
~LIVE-STREAMED ON CH 98 ~COVID GUIDELINES WILL BE FOLLOWED

Thursday, 12/1	Pastor Luis & Betty Ortiz-Iglesia Casa de Dios, Allentown
**Thursday, 12/8	Pastor Lisa Borrell-Frieden's Lutheran, Center Valley
**Thursday, 12/15	Pastor Dan Brettell, St. Paul's Lutheran, Easton
**Thursday, 12/22	Candlelight & Carols-Chaplain Clark
**Saturday, 12/24 @ 4p	Christmas Eve-Pastor Dan Brettell, St. Paul's Lutheran, Easton
Tuesday, 12/27	Father Venantius Karobo-Notre Dame RC Church, Bethlehem
Thursday, 12/29	Pastor George Eckstein-St. Mark's UCC, Allentown

****Note: Holy Communion Worship (Dec 8, 15, 22, 24)**

If you are unable to attend worship in person and wish to receive a sealed communion cup, please contact Pastor Clark.

Lutheran Manor BINGO

Lutheran Manor **BINGO**

Wednesday, December 14th
at 1:45pm | Lounge

Sign Up Required. Complete this form &
deliver to the Main Office no later than
Friday, December 9th.



Lutheran Manor BINGO

Wednesday, December 14th at 1:45pm

Name: _____ Apt #: _____

Phone #: _____



***Return this completed form to the Main Office
no later than Friday, December 9th**

**Sign-up Required | Limited Capacity*

Bellezza Salon and Spa

BELLEZZA SALON & SPA

COLOR - Reasons for Getting Your Hair Colored

To Cover Up the Gray | To Make Your Hair Look & Feel Thicker | To Give You Extra Shine
Maybe Even Look a Few Years Younger | Save \$5 During December

PEDICURES - Be Kind to Your Feet

- Every 2.5 to 3 months soak in antibacterial water, which will sooth and sanitize your feet & nails.
- Keep your nails clipped & filed to a safe comfortable length so not to get ingrown toenails or be too long that they would push against your shoes & cause damage to your toes.
 - Have your cuticle gently pushed back for healthy growth of your toenails.
 - Foot and leg massage helps keep the proper blood flow & circulation.
 - Have your nails buffed for a natural shine.

PERM - If you missed our November special, No Worries because we are offering it to you again for Christmas!

Look your best for the Holidays byt getting a beautiful perm & style with one of our great stylists.
Besides looking your best, you save \$5 per service as well.

PUNCH CARDS - Great way to earn extra \$\$ for future visits!

REFERRALS - are fun & rewarding for all!

DRAWING - Remember to enter your name so you have a chance to win the Holiday gift basket.

GOOD LUCK!



MASSAGE THERAPY with Karen

With over 35 years of study, skills and experience, Karen rewrites the rules of wellness and medicine with innovative options to keep mind, body & soul in balance.

Contact Karen directly to book appointments at 610-360-2427.

Contact 610-866-6010 x209 to schedule an appointment

DECEMBER 2022

Believe in the Magic!

LUTHERAN MANOR
OF THE LEHIGH VALLEY, INC.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Staff Birthdays</p> <p>Michelle-December 14 Pastor Clark-December 17 Courtney-December 21</p>	<p>9:00 Walker's Club 9:30 Banks 11:00 Energetic Exercise 1:00 Card Making 1:30 MOVIE 1:00 RiteAid/CVS 3:00 Meditation 6:00 RA Bingo</p>	<p>6</p> <p>11:00 Everybody's Yoga with Dana 2:15 CLINIC: BP Checks 3:00 Meditation</p>	<p>7</p> <p>9:00 Walker's Club 10:00 Chriskindmarket 10:00 Energetic Exercise 11:00 Fit For Life with Dana 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation</p>	<p>1</p> <p>9:00 Giant 10:00 Chat Room 11:00 ZUMBA with Ed 12:30 Second Harvest 2:00 Church (Spanish) 3:00 Meditation- Exercise Rm</p>	<p>2</p> <p>9:00 Walker's Club 9:30 Cracker Barrel 10:00 Meditation 11:00 Energetic Exercise 11:30 CLINIC: OnSite 2:00 Stitching with Nena 2:00 Walker's Club Event</p>	<p>3</p> <p>8:30 RA COFFEE & DONUTS 12:30 RA Pinochle</p>
<p>4</p> <p>1:00 Sunday Believers' with Paul Belfort</p>	<p>5</p> <p>9:00 Walker's Club 9:30 Banks 11:00 Energetic Exercise 1:00 Card Making 1:30 MOVIE 1:00 RiteAid/CVS 3:00 Meditation 6:00 RA Bingo</p>	<p>6</p> <p>11:00 Everybody's Yoga with Dana 2:15 CLINIC: BP Checks 3:00 Meditation</p>	<p>7</p> <p>9:00 Walker's Club 10:00 Chriskindmarket 10:00 Energetic Exercise 11:00 Fit For Life with Dana 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation</p>	<p>8</p> <p>10:00 Chat Room 10:00 Walmart 248 11:00 ZUMBA with Ed 1:00 Walmart 248 2:00 Church 3:00 Meditation- Exercise Room 7:00 ENTERTAINMENT: RTO</p>	<p>9</p> <p>9:00 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 12:30 CLINIC: OAA 2:00 Stitching with Nena</p>	<p>10</p> <p>5:00 RA Soup/Hotdogs</p>
<p>11</p> <p>11:00 Sunday Praise with David Garcia 1:00 Sunday Believers' with Paul Belfort</p>	<p>12</p> <p>9:00 Walker's Club 11:00 Energetic Exercise 12:00 Cooking Class 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo</p>	<p>13</p> <p>Holiday Sweater Day 9:30 Valley Farm Mkt 11:00 Everybody's Yoga with Dana 2:00 Snacks/IceCream Sales 2:00 GENERAL MEETING 3:00 Meditation</p>	<p>14</p> <p>9:00 Walker's Club 10:00 Energetic Exercise 11:00 ENTERTAINMENT: Sing for America 11:00 Fit For Life with Dana 12:30 Bible Study 1:45 LM BINGO 2:00 Pastor Movie 2:00 RA Shredding 3:00 Meditation</p>	<p>15</p> <p>9:00 CLINIC: Health Drive 9:30 Dutch Apple Theatre 10:00 Chat Room 11:00 ZUMBA with Ed 2:00 Church 3:00 Meditation- Exercise Room</p>	<p>16</p> <p>9:00 Walker's Club 9:30 Banks 10:00 Meditation 11:00 Energetic Exercise- CANCELED 2:00 Stitching with Nena 5:00 PA Playhouse</p>	<p>17</p> <p>8:30 Resident's Association Breakfast- CANCELED 4:00 Resident's Association Holiday Social</p>

Tune into Channel 99 regularly for updates.

DECEMBER 2022

Believe in the Magic!

 **LUTHERAN MANORS**
OF THE LEHIGH VALLEY, INC.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Hanukkah Begins 1:00 Sunday Believers' with Paul Bellort	19 9:00 Walker's Club 11:00 Energetic Exercise 12:00 Game Day 2.0 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	20 9:30 Weis 11:30 Everybody's Yoga with Dana 2:00 ENTERTAINMENT: Fautist 2:00 Snacks/IceCream Sales 3:00 Meditation	21 Winter Begins 9:00 Walker's Club 10:00 Energetic Exercise 11:00 Fit For Life with Dana 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation 5:00 Lights In The Parkway	22 10:00 Chat Room 11:00 ZUMBA with Ed 2:00 Church 3:00 Meditation- Exercise Room	23 OFFICE CLOSED 9:00 Walker's Club 2:00 Stitching with Nena	24 Christmas Eve 4:00 Christmas Eve Worship & Holy Communion
25 Christmas Day 1:00 Sunday Believers' with Paul Bellort	26 Kwanzaa Begins OFFICE CLOSED 9:00 Walker's Club 6:00 RA Bingo	27 11:00 Everybody's Yoga with Dana 1:00 SPEAKER: H2Health 2:00 Church 3:00 Meditation 4:00 MOVIE	28 9:00 Walker's Club 10:00 Energetic Exercise 11:00 Fit For Life with Dana 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation 5:00 KingFish Restaurant	29 10:00 Aidi 10:00 Chat Room 11:00 ZUMBA with Ed 2:00 Church 3:00 Meditation- Exercise Room	30 OFFICE CLOSED 9:00 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 2:00 Stitching with Nena	31 New Year's Eve

Tune into Channel 99 regularly for updates.

Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
Bible Study	Every Wednesday	12:30pm	Community Room
Chat Room	Every Thursday	10:00am	Community Room
Church	2nd Wed & Every Thurs (1st Thurs-Spanish Service)	2:00pm	Community Room Channel 98
Sunday Believers' with Paul Belfort	Every Sunday	1:00pm	Community Room Channel 98
Sunday Praise with David Garcia	2nd Sunday of Every Month	11:00am	Community Room

Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
Energetic Exercise with Jacinda	Mondays, Fridays Wednesdays	11:00am 10:00am	Exercise Room (98)
Everybody's Yoga with Dana	Tuesdays	11:00am	Exercise Room (98)
Fit For Life with Dana	Wednesdays	11:00am	Exercise Room (98)
Meditation with Jacinda	Monday-Wednesday Thursdays Fridays	3:00pm 3:00pm 10:00am	Community Room (98) Exercise Room (98) Community Room (98)
ZUMBA with Ed	Thursdays	11:00am	Exercise Room (98)

December Activities

Lutheran Manor MOVIES	Every Monday	1:00pm	Community Rm/Ch98
Pastor Clark MOVIES	Every Wednesday	2:00pm	Community Rm/Ch98
Snacks/Ice Cream Sale	Every Wednesday	2:00pm	Lounge
RA BINGO	Every Monday	6:00pm	Lounge
RA Breakfast	CANCELED	--	Lounge
RA Coffee & Donuts	Every 1st Saturday	8:30am	Lounge
RA Pinochle	Every 1st Saturday	12:30pm	Lounge
RA Shredding	Every Wednesday	2:00pm	Lounge
RA Soup & Hot Dogs	Every 2nd Saturday	5:00pm	Lounge
Stitching with Nena	Every Friday	2:00pm	Game Room
Van Trip Drop Off	Thursday, Dec 1	9:00am	Brenda's Office
Second Harvest Food Bank	Thursday, Dec 1	12:30pm	Lounge
CLINIC: OnSite Dermatology	Friday, Dec 2	11:30am	Resident Apartments
Walker's Club Event	Friday, Dec 2	2:00pm	Community Room
Card Making Class	Monday, Dec 5	1:00pm	Lounge
CLINIC: Blood Pressure	Tuesday, Dec 6	2:15pm	Lounge
ENTERTAINMENT: RTO	Thursday, Dec 8	7:00pm	Lounge
CLINIC:OAA Podiatry	Friday, Dec 9	12:30pm	Resident Apartments
Cooking with Lyndi	Monday, Dec 12	12:00pm	Lounge/Ch98
GENERAL MEETING	Tuesday, Dec 13	2:00pm	Lounge/Ch98
ENTERTAINMENT: Sing for America	Wednesday, Dec 14	11:00am	Lounge/Ch98
LM BINGO	Wednesday, Dec 14	1:45pm	Lounge
CLINIC: Health Drive Eye	Thursday, Dec 15	9:00am	Game Room
RA Holiday Social	Saturday, Dec 17	4:00pm	Lounge
Game Day 2.0	Monday, Dec 19	12:00pm	Lounge
ENTERTAINMENT: Flautist	Tuesday, Dec 20	2:00pm	Lounge
SPEAKER: Dementia/Alzheimer	Tuesday, Dec 27	1:00pm	Community Room/Ch98
SPEAKER: Seasonal Mental Health	TBD	--	Community Room/Ch98

Brenda's Bulletin



Second Harvest Food Bank

Must come down to the Lounge at 12:30pm to collect your box. Contact Brenda to see if you're eligible to receive a box.

Thursday, December 1st at 12:30pm

CLINIC: OnSite Dermatology

In the comfort of your own home.

Friday, December 2nd at 11:30am | *By Appointment Only

CLINIC: Blood Pressure Checks by Walgreens

Tuesday, December 6th
2:15pm - 3:15pm | Lounge

In the comfort of your own home

CLINIC: OAA Podiatry

Friday, December 9th
at 12:30pm

By Appointment Only, Sign Up with Brenda

CLINIC: Health Drive Eye

In Comfort of your Own Home.

Thursday, December 15th

9:00am - 1:00pm

By Appointment Only,
Sign Up with Brenda

Speaker: H2 Health Presenting Dementia & Alzheimer's

Come join us to learn the effects, treatment & care. Refreshments served.

Tuesday, December 27th at 1:00pm
Community room/Ch 98

We are LIVE, In-Person for all speakers and entertainment.

~COME ONE. COME ALL | Sign up with Brenda today


Brenda's Bulletin



CARD MAKING CLASS

Monday, December 5th at 1:00pm

Lounge | Sign Up Required

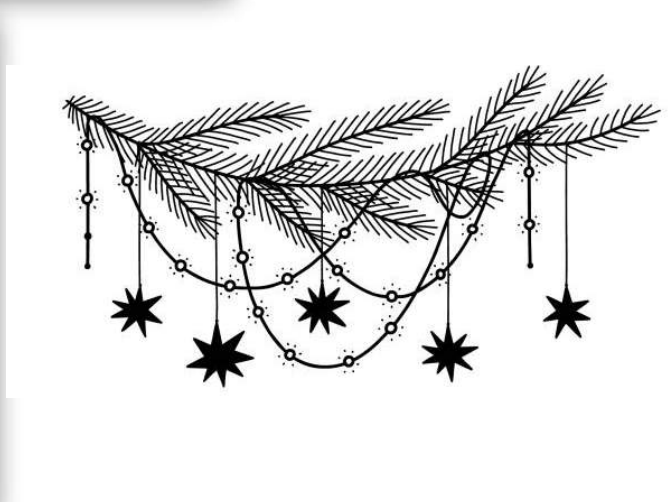


Entertainment:
Rotten Terrible Orchestra

An orchestra that could be a place for beginners, people who haven't played in many years, & even for "real" musicians who wanted to start playing a Secondary instrument. Members just need an instrument, a music stand, the ability to read music, a sense of humor & either promise to practice or feel bad if they don't

Thursday, December 8th at 7:00pm

Lounge/Ch 98 | Come One, Come All & Join in on the Crazy!



Entertainment:
SING FOR AMERICA

Come enjoy an amazing Christmas Performance!

Monday, December 14th at 11:00am | Lounge/Ch 98



Entertainment:
MEREDITH TWARDOWSKI Flautist

Tuesday, December 20th at 2:00pm | Lounge/Ch 98

Office Hours: Monday-Friday 9am-3pm
Brenda Pagan-Fontanez, Service Coordinator
610-866 -6010 x4

January Van Trips

Jan 3	Tuesday	Banks _____ <i>WRITE YOUR BANK NAME HERE</i>	9:30a_____
Jan 3	Tuesday	Shopping at RiteAid/CVS Pharmacies	1:00p_____
Jan 4	Wednesday	Shopping at Giant	10:00a_____
Jan 4	Wednesday	Shopping at Giant	1:00p_____
Jan 5	Thursday	Dinner at Vineyard Restaurant	5:00p_____
Jan 17	Tuesday	Banks _____ <i>WRITE YOUR BANK NAME HERE</i>	9:30a_____
Jan 17	Tuesday	Shopping at Weis	1:00p_____
Jan 18	Wednesday	Breakfast at Diner 248	9:30a_____
Jan 19	Thursday	Shopping at Dollar Tree 378	10:00a_____
Jan 19	Thursday	Shopping at Dollar Tree 378	1:00p_____
Jan 20	Friday	Dutch Apple Theatre presents: 'Murder on the Orient' (\$68 due 12/9-Lunch included)	9:00a_____ 11:30 Lunch 1:00p Show
Jan 23	Monday	Shopping at Windcreek Outlets & Lunch at Pat's Pizza & Bistro	11:00a_____ 2:00p Lunch
Jan 24	Tuesday	Shopping at Valley Farm Market	10:00a_____
Jan 24	Tuesday	Shopping at Valley Farm Market	1:00p_____
Jan 25	Wednesday	Board & Brush *Wood Sign Shop (\$20 due 12/16) & Lunch at Carrabba's	10:00a_____ 1:00p Lunch
Jan 26	Thursday	Hershey Gardens Butterfly Atrium (\$14 due 12/16) & Lunch at Primanti Bros.	10:00a_____ 1:00p Lunch
Jan 27	Friday	Allentown Farmers' Market & Lunch at Ritz Barbeque	10:00a_____ 1:00p Lunch
Jan 30	Monday	Shopping at Walmart 248	10:00a_____
Jan 30	Monday	Shopping at Walmart 248	1:00p_____
Jan 31	Tuesday	Lunch at Doughboys	11:00a_____

Full Name: _____

Phone#: _____ Apt#: _____

*Van Trip forms will be collected starting at 9:00 am on **Thursday, Dec 1st**

Resident's Association

Resident's Association **BINGO**

Come One, Come All! Enjoy the Fun!

Mondays at 6:00pm | Lounge

Resident's Association **SHREDDING**

*every Wednesday
2:00p-3:00p
in the Lounge*

*No magazines or newsprint
*Remove all clips and staples

Resident's Association: **Donuts & Coffee**

Saturday, December 3rd at 8:30am
\$1.00 Each | Lounge

Resident's Association: **PINOCHLE**

Saturday, December 3rd
at 12:30pm
\$2.00 Per Play.
*Light Refreshments Served.
Lounge

Resident's Association: **Soup & Hot Dogs**

Come enjoy some drinks, delicious hot soup and hot dogs with all the fixings. \$3 Soups & \$1.50 hotdogs
Saturday, December 10th at 5:00pm

Resident's Association:
BREAKFAST
in the Lounge

CANCELED FOR DECEMBER



Resident's Association SOCIAL

Resident's Association HOLIDAY SOCIAL

Come One, Come All to Enjoy the Festivities.

Saturday, December 17th at 4:00pm

Donations Appreciated 4:00pm,
5:00pm Food, 6:00pm Entertainment: Lorri
Woodward | Lounge

Saturday, December 17th @ 4:00pm

Name: _____ Apt #: _____

Phone #: _____

*RETURN THIS **TOP** COMPLETED FORM TO THE MAIN OFFICE BY WEDNESDAY, DEC 7

**Sign-up Required | Limited Capacity*



From the Chaplain

2023 Worship Services

Please send all of your suggestions
for scheduling clergy next year.



*RETURN THIS **BOTTOM** COMPLETED FORM TO THE MAIN OFFICE BY FRIDAY, DEC 23

Full Name: _____

Congregation: _____

Address: _____

Phone: _____ Email: _____

Cooking Class



COOKING
 with Lyndi from Weis
 Come learn how to make these
 delicious recipes & then enjoy
 a plate!

**Monday, December 12th
 at 12:00pm**

*Maximum of 20 Seats Available
 *Return this completed form to the
 Main Office no later than Friday,
 December 2nd | Lounge/ Ch 98

**CHICKEN PARMESAN
 MEATBALLS WITH PASTA**



Cooking Class



**Monday, December 12th
 at 11:30am**

Name: _____

Phone #: _____ Apt #: _____

***Return this completed form to the Main Office
 no later than Friday, December 2nd**

**Sign-up Required | Limited Capacity*

TUNE INTO CHANNEL 99 REGULARLY FOR UPDATES

happy
holidays!

